PROMPT Describe 3 binge-watching symptoms.

SYNTHESIZING MULTIPLE SOURCES

SOURCE 1

- Watching multiple episodes of a television program in rapid succession.
- Without ever getting up.
- In one sitting or over a short peroid of time.
- Are-you-still-watching prompt... A dull, gray little dialogue box.
- A "continue watching" button to click.
- Freeze continues, indefinitely.
- Element of guilt.
- "Auto-play function is responsible for most of my binge-watches."
- "If it'll keep playing, I'll probably keep watching until it asks me to make a decision."
- Netflix shaming... TV just judged me.
- All-nighter binge... during the holidays.
- Supposed to be spending time with my family.
- Crouching over my laptop.
- Screaming and crying about what was going on television.
- A yucky feeling.
- My consciousness was being overtaken by the show.
- I wanted to get back to the real world.

SOURCE 2



- "After binge watching."
- Facial expression.
- Messy hair.
- $\bullet \ \text{Hair growth.} \\$
- Personal items on shelves/walls.

SOURCE 3



- "Lies I tell myself."
- "Just one more episode" in quotes.
- "Lies."
- Messy hair, food on face, mascara streaks.
- · Laptop.

