




Authors teach 3 types of **LESSONS**

<p>Lessons about ME</p> 	<p>Lessons about OTHERS</p> 		<p>Lessons about LIFE</p> 
<p>Believe in yourself. Be confident. Overcome the fear of failure. Take risks. Never give up— persevere.</p>	<p>Be kind to others. Don't hurt others. Be gentle. Be courteous/polite.</p>	<p>Don't trust everyone. Some try to trick/hurt you. Be careful. Be aware of danger signs. Ignorance can be dangerous.</p>	<p>Choices have consequences. Follow the rules/the law. Keep people safe. Stay out of trouble. Avoid physical dangers. Avoid/Recognize temptations.</p>
<p>Value yourself. Be yourself. Don't be fake/pretend/hide. Like yourself (self-acceptance.)</p>	<p>Help others. Stick together. Care for others. Share with others. Encourage others. Get along with others.</p>	<p>Value differences. Being different isn't bad. Accept & respect differences. Don't judge others. Look for common ground.</p>	<p>Change can be good. Hard things/Yucky things can be good for you. Change is different, but it's not necessarily bad. New experiences help us grow.</p>
<p>Do your best. Work hard. Do the right thing. Be honest. Tell the truth. Clean up your own mess. Say you're sorry.</p>	<p>Be happy for others. Celebrate other people's success. Don't be jealous. Don't be greedy.</p>	<p>Love/Respect your family. Obey your parents. Treasure memories. Respect adults/older people. Take care of your siblings. "Family" isn't just relatives.</p>	<p>Bad things happen to everyone. Life isn't fair. Life has ups and downs. There is a circle of life. Face reality.</p>
<p>Keep growing. Learn from mentors. Listen to advice/wisdom from those more experienced. Try/Discover new things.</p>	<p>Be a team player. Work together. Do the job you're given. Do your fair share. Play fair.</p>	<p>You <i>can</i> make a difference. Get involved. Speak up for others. Do what you can.</p>	<p>Take care of the environment. Appreciate nature. Embrace your community. There is beauty in simplicity.</p>