

Zeena

Zeena, I know just how you feel. I love chocolate marshmallows too! But let me tell you what happened to me.

My mom came home from the store one day and let me have a chocolate covered marshmallow. It was love at first bite. So light, fluffy, chewy and slipped down my throat like a small piece of heaven. Just thinking about it makes me want to have another one until I recall what happened when I finished my last bag of those squishy delights.

My mom told me I can help myself to a few and before I knew it the whole bag was gone. My mom called me to dinner, and you know the last thing I wanted or even cared about was dinner, but you know how mothers are. I had to sit down and take one bite of everything. And after that I had diarrhea, diarrhea, diarrhea. But I was convinced it wasn't the marshmallows.

Last fall my mom bought me all of these cute clothes for my birthday: shorts, jeans, skirts. So when the weather got warm and I went to put on my new clothes, they didn't fit to my amazement. And not because I had grown to tall— just because I couldn't even zip them up. But it couldn't be the marshmallow; their too light and fluffy. In fact a whole bag of marshmallows doesn't even weigh as much as one orange.

One day, when I put the tight clothes out of my mind, I grabbed myself some chocolate covered marshmallows, when I was biting down on one, a sharp stabbing pain went up my tooth and the side of my head. And when ever I ate, my teeth hurt. So my mom took me to the dentist, and let me tell you it was not a pretty picture. I have seven expensive, painful cavities.

Summary v. *So what?*



So Zeena, there are many reasons why you should listen to my advice. There are lots of bad side effects to eating too many marshmallows. For one thing they could make you sick. You might also get fat. And surely you'd have more cavities with all that sugar.



So Zeena, you can keep popping marshmallows into your mouth, but before you do remember not everything about chocolate covered marshmallows is sweet.