WRITING FROM SOURCES

SOURCE 1

- Hear it walking to class, television, social media, music.
- Unavoidable, profanity appears everywhere and uncensored.
- These words lose their head-turning value.
- Authority figures swear.
- Doesn't even phase me anymore.
- Swear to gain attention/effect of maximum vulgarity.
- Starts out slowly— in your head, then out loud (occasionally then regularly).
- Blow off steam in negative situations.
- Everyone else seems to be doing it.
- Just joking around with their friends.

- Most swear words are derived from an insult— feminine connotations.
- Seemingly invisible impact of the mentality that women are less than men.
- Sensitive topics = hostile environment with foul language = argument = violence if things get out of control.
- Creep into our vocabulary without us realizing.
- Makes bad impression, signals a lack of control, indicates a bad attitude or immaturity.
- Be conscious of the situations & try to limit.
- Slip-up at important event, professional setting, or family dinner.

SOURCE 2

- Society has allowed to become normal in the past few years.
- Curse word in middle of a sentence or story.
- Most are okay with these words.
- Cursing is not something that people find admirable.
- Deep down everybody knows that cursing is bad.
- Words that you could use instead.

- Stand up to peer pressure.
- People curse because everybody else is doing it— friends, team captain, popular kids, parents, teachers.
- Break the chain; alter your speech.
- Start with yourself.
- Slowly we can change the world.

SOURCE 3

- Potty mouth is crass and vulgar = seemingly bad habit.
- Children told not to curse or swear excessively.
- Science = a little cursing here and there is surprisingly comforting when the moment calls for it.
- Swearing = pain relieving effect on our immune system.
- Swearing = non-violent way to get back at bad people (instead of traditional violence).
- Swearing = coping mechanism when self esteem is deflated, threatened or attacked. (Author says this is not a great reason)
- Swearing = power and control over a bad or negative situation.

- Swearing = social bonding among friends; sense of validation; indicates we are fun to be around, more likable, and 'real' to others.
- Swearing = improved health (increased circulation, elevated endorphin, and serotonin levels, sense of calm, control, and well-being).
- Swearing = sparks inner creativity; very creative words in the process of swearing.
- A little swearing may be even be good for your health by making you feel better in the moment. (But only temp; long term = prej.)
- Make sure not excessive.
- Make sure not coupled up with anger or extreme negative emotion.
- Could negate all potential health benefits.

SOURCE 4

- Associated w/ poor, low-class people.
- Vulgar in Latin means common/common people.
- But rich & powerful today cuss; showed clip from "Succession."
- Dictionaries ignore cuss words; pretend like they don't exist.
- Hard to know origin because ignored by etymology.
- "Bad words" used in moderation maybe good for your psyche.
- Dr. Richard Stephens found reflexive swearing is a method for physical or emotional pain.

- Swearing conversationally creates stronger bonds. Comes off as more genuine and breaking taboos implies shared trust.
- 500 years ago, people thought swear words had powerful, literal effects— literaly curse put on someone.
- Curse words shifted from God/religion to sex and body parts.
- Used too much it can lose its power.

SYNTHESES

BAD/HARMFUL b/c it encourages prejudice and negative thoughts of others.

BAD/HARMFUL b/c swearing increases the chance of violent results.

BAD/HARMFUL b/c swearing weakens a person's integrity & character.

OK/HARMLESS b/c most of the time the intent behind the swearing is harmless.

OK/HARMLESS b/c has health benefits

OK/HARMLESS b/c improves or strengthens relationships.

OK/HARMLESS b/c common & normal (rich & poor)